

MAKING A DIFFERENCE



Resident Julie Frankel



As a Troon resident, I love being surrounded by beautiful hiking trails and world-class golf courses, which all motivate me to stay active.

Unfortunately, many of Arizona's kids lack access to opportunities and awareness about how to live active, healthy lives. That's why I lead a great organization, Healthy LifeStars. Based in Arizona, Healthy LifeStars educates and motivates kids to be active, eat right and set goals through The LifeStar Challenge. The LifeStar Challenge is a proven program that combats childhood obesity. Working with partners like The Salvation Army, YMCA and local schools, we have provided our program for free to more than 24,000 underserved, at-risk kids.



Kids in the program learn how to become LifeStars, and take personal responsibility for living an active, healthy life now and in the future while inspiring others to do the same. To support our program, we host a fun event every year, the Step Up 4 Kids fundraiser, which is slated for Wednesday, November 9 from 5:30 p.m. - 8 p.m. at Harley Davidson of Scottsdale. Literally, down the "hill," the event will be packed with fun, surprises, great food, drinks and amazing auction items including an African Safari,

a Sonoma wine tasting trip, a private race track experience and much more. Come meet this year's Honorary Chair two-time Heisman Trophy winner and former NFL running back, Archie Griffin. Tickets are \$50 and entry will provide The LifeStar Challenge to one child for free for an entire year.

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<http://healthylifestars.org/step-up-4-kids/>