



The LifeStar Challenge

September 2015



Step Up 4 KIDS Challenge– It's not too late to sign up!

We are just a few weeks away from kicking off the inaugural Step Up 4 KiDs Challenge. There are still spots available, so don't miss out on your chance to have a fun and active week with the kids. Register at [Step Up 4 KiDs](#) and help us take a giant step forward towards combating childhood obesity!

Once we wrap up the Challenge, why not join us as we celebrate all of the Challenge participants and winners on **Wed October 21st at The Arizona Biltmore Golf Club**. Enjoy a delicious dinner, test your skills on the putting green and golf course and come meet our celebrities, **Lin Sue Cooney, Master of Ceremonies and Tom Lehman, PGA Pro Golfer and Honorary Chair**. And don't forget your wallets because we have some incredible items available in our silent and live auctions. Click on [Celebrate With Us](#) to purchase your tickets and join us for a fun evening!

Can't make it to the event but still want to bid on some amazing auction items like a Kenyan Safari, Private Track day, golf outing or night on the town? Take a look at our items [HERE](#) and register online to join the bidding. And check back often as we are continually adding to this amazing list.

Bidding is easy as you can bid from ANYWHERE, even if you can't attend the event. Once

you've placed your bids online, you will automatically receive a notification (email or text) if you have been outbid – thus giving you the opportunity to increase your bid. Once bidding officially closes, if you had the highest winning bid, you will automatically be notified, your credit card charged and the coveted item is now all yours! Simple and easy! So bid high and bid often and remember, it's all for a great cause – our kids!

Thanks in advance for all of your support and look forward to seeing all of you throughout the Challenge!

Take Me Out to the Ball Game

Healthy LifeStars hit a home run last month when we partnered with the Arizona Diamondbacks. 1,600 LifeStar Challenge participants and their families got to enjoy a Sunday at the ballpark courtesy of the Diamondbacks. Kids from Flagstaff, all the way down to Yuma and everywhere in between were given the opportunity to parade down the warning track on the field right before the game!

The kids then joined their families for the nail-biting game (that went to extra innings) and entertainment.

One of our LifeStars in Prescott, Kaia, even sent us a lovely note after the game: "Thank you healthy lifestars for the tickets. Me and my family had lots of fun." And thank you Kaia for coming down from Prescott to share this day with your fellow LifeStars! What a great way to celebrate their success and hard work for proving what a LifeStar truly represents!

A very special and heartfelt thank you to Mariesue Garganta for working her usual magic and connecting us to the team – this couldn't have happened without you! And an equally warm thanks to Regan Haesy and Debbie Castaldo of the Arizona Diamondbacks for providing the free tickets to all the families! Finally, thank you to all of our coaches who made sure that all of the kids and families made it to the game. It couldn't have happened without your generosity and hard work.



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