February 2016

Stanfield Elementary taking action against Childhood Obesity

As the first graders run their laps, it's easy to see how much fun they are having. When they count their Popsicle sticks afterwards to see how many laps they had completed, you realize that what's really important to them is getting more laps than the kindergartners. The final tally is in and the confident group hears what they were expecting. After edging them out by a couple of laps, they line up to play some t-ball.

Here at Stanfield Elementary, Coach of the month Yvette Hernandez has no problem keeping the kids engaged. Besides always having an action packed program planned for her kids, she's also helping get the families moving.
Another fun activity in her roster is the school’s 3rd annual Mud Run in April, which takes place on school grounds in the back dirt lot. The fire department comes out the night before to get the area nice and sloppy while the school’s Health and Wellness Committee adds obstacles in and out of the mud to add to the fun. The race costs $10 and raises money for the Committee to organize other such fun, health-related activities.

Along with the race, the Committee organized a health fair last week for the students and their families. Over 100 people attended, which had local businesses and health services offering testing, tips and ideas for leading active, healthy lives. Mrs. Hernandez, the Health and Wellness Committee and all of the teachers deserve a big pat on the back for going the extra mile to help the students and their families make healthier choices! Keep up the GREAT WORK!

Life Star of the Month

Rubin Gardner
First grader Ruben Gardner from Stanfield Elementary, has only been at Stanfield a couple of months. Running is his favorite and he’s always sharing his smile!

Coach of the Month

Yvette Hernandez
Coach has no problem keeping kids engaged in her action packed program at Stanfield Elementary.

Healthy LifeStars keeps on growing and growing

We are excited to announce that we have added another state, New Mexico, into the mix for The LifeStar Challenge. The most recent addition comes to us thanks to two new Salvation Army sites in Albuquerque and Alamogordo New Mexico. This brings us to 4 states including Arizona, Colorado and Nevada.
We have also recently launched a Denver Advisory Board to help with our expansion and footprint in the Rocky Mountain region. More details to follow!

And keep an eye out for more exciting news from our new communities in the coming months.

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